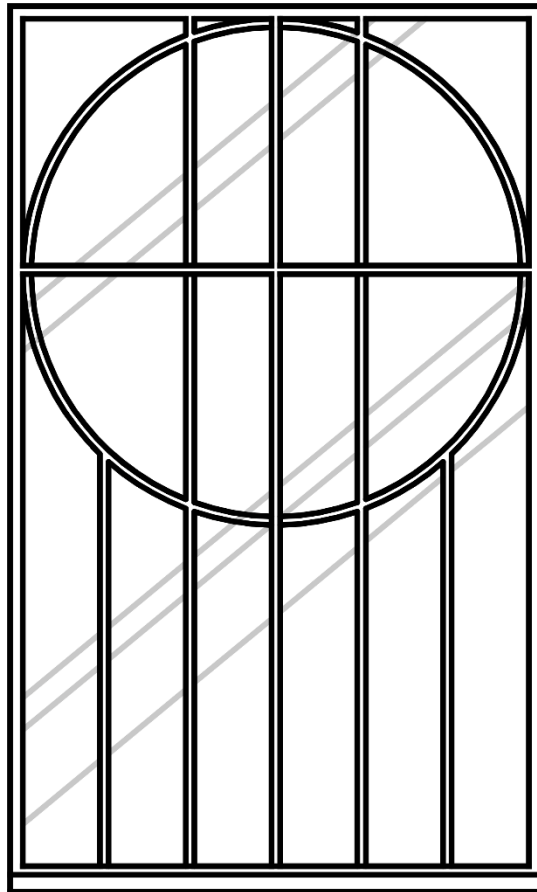




Saint Matthew's

EPISCOPAL CHURCH



Holy Eucharist - Rite II
Fourth Sunday after the Epiphany
January 28, 2024
10:00 am

Welcome to St. Matthew's! We are glad you are here.

The People are invited to read the words in **bold**. If you're joining us from home, please stand, kneel, sing, and pray with us as you're able. No matter where you are, joining in this worship service is a form of prayer that connects you to God and to each other. Whenever two or three are gathered, even virtually, Scripture reminds us that Jesus is present among us.

Children are most welcome and are encouraged to participate in worship.

To the parents of children: Relax! God put the wiggle in children. Sit toward the front so your little ones can see and hear. Go ahead and quietly answer their questions. If you don't know the answer, the priest would love to talk to your little one. When you sing the hymns and join in the prayers, you teach little hearts how to be faithful; you are their best model. If you need to leave the service, that's okay. Don't be shy about coming back. It was Jesus who said, "Let the little children come to me."

Wherever you are on your spiritual journey, there is a place for you at St. Matt's.

+ THE WORD OF GOD +

Prelude

The hymns can be found in the blue hymnals. Please stand as you are able.

Processional Hymn 398

FOREST GREEN

"I sing the almighty power of God"

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be God's kingdom, now and for ever. Amen.

The Collect for Purity

The Celebrant and People say together

Almighty God, to you all hearts are open, all desires known and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria in excelsis – S 280

Sung by all

setting by Robert Powell (b. 1932)



1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most

High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The congregation may be seated.

The First Reading

Deuteronomy 18:15-20

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words

that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Lector The Word of the Lord.

People **Thanks be to God.**

Psalm 111 *sung by the choir* chant by Richard Massey (1798-1883)

¹ Hallelujah!

I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.

² Great are the deeds of the LORD! *
they are studied by all who delight in them.

³ His work is full of majesty and splendor, *
and his righteousness endures for ever.

⁴ He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.

⁵ He gives food to those who fear him; *
he is ever mindful of his covenant.

⁶ He has shown his people the power of his works *
in giving them the lands of the nations.

⁷ The works of his hands are faithfulness and justice; *
all his commandments are sure.

⁸ They stand fast for ever and ever, *
because they are done in truth and equity.

⁹ He sent redemption to his people; he commanded his covenant for ever; *
holy and awesome is his Name.

¹⁰ The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

The Second Reading

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Lector **The Word of the Lord.**

People **Thanks be to God.**

Please stand as you are able.

Children in Pre-K - 7th Grade proceed to their classrooms at the beginning of the first verse.

Sequence Hymn 702

TENDER THOUGHT

“Lord, thou has searched me and dost know”

The Gospel

Mark 1:21-28

Gospeller The Holy Gospel of our Lord Jesus Christ, according to Mark.

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Gospeller The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Rev. Marissa Rohrbach

The Nicene Creed

The Celebrant and People say together

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

The People respond with the words in bold.

Intercessor Beloved of God, the fear of the Lord is the beginning of wisdom. Let us appeal to the Lord, saying: “You are gracious and full of compassion, O Lord; *hear our prayer.*”

Intercessor O Lord, you have made the Church a family through the waters of baptism: let us not sin against each other but instead build each other up in love. You are gracious and full of compassion, O Lord;

People **Hear our prayer.**

Intercessor O Lord, the works of your hands are faithfulness and justice: may the nations of the world be ruled by truth and equity. Give us a vision for peace. You are gracious and full of compassion, O Lord;

People **Hear our prayer.**

Intercessor O Lord, all things are from you and exist for you: give us ears to heed the words spoken on behalf of our planet; and give us the will to be faithful stewards. You are gracious and full of compassion, O Lord;

People **Hear our prayer.**

Intercessor O Lord, you sent your son to set us free from the unclean spirits that harass your people: set us free from the violence in our land, especially gun violence. In your compassion, cast out hatred and anger. You are gracious and full of compassion, O Lord;

People **Hear our prayer.**

Intercessor O Lord, you know those who love you: show all the sick and suffering your marvelous works. Fill their hearts with songs of praise. We pray especially for Sabrina, Karen, Daniel, Kristen, Vinny, Antonio, Thomas, Diana, James, Carol, Susan, Lee, Arlene, Barbara, Mike, Jack, Chuck, Joan, David, Liz, Jack, Pat,

Kathy, Dick, Scott, Martin, Ann, Melinda, Aaron, Dann and Presiding Bishop Michael Curry. We also remember those we now name either silently or aloud (*the people are invited to offer their own intercessions*). You are gracious and full of compassion, O Lord;

People

Hear our prayer.

Intercessor

O Lord, you have redeemed your people: remember your covenant and care for your children forever, even beyond death and the grave. You are gracious and full of compassion, O Lord;

People

Hear our prayer.

Intercessor

We give thanks for all the blessings of this life, especially for the celebration of David & Linda Gortz's 51st wedding anniversary.

Let us pray for our own needs and those of others.

The People may add their own intercessions either silently or aloud.

Silence may be kept.

The Celebrant says the following prayer

Celebrant Dear God, in our efforts to dismantle racism, we understand that we struggle not merely against flesh and blood but against powers and principalities – those institutions and systems that keep racism alive by perpetuating the lie that some members of the family are inferior and others superior. Create in us a new mind and heart that will enable us to see brothers and sisters in the faces of those divided by racial categories. Give us the grace and strength to rid ourselves of racial stereotypes that oppress some of us while providing entitlements to others. Help us to create a church and a nation that embraces the hopes and fears of oppressed people of color where we live, as well as those around the world. Heal your family God, and make us one with you, in union with our brother Jesus, and empowered by your Holy Spirit.

Amen.

—*Pax Christi*

Celebrant Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. **Amen.**

The Confession

Then the Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept. The people may stand or kneel.

The Celebrant and People say together

**Most merciful God,
we confess that we have sinned against
you in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

The Peace

Celebrant

The peace of the Lord be always with you.

People

And also with you.

Confirmands Commit to the Journey

+ THE HOLY COMMUNION +

After the Celebrant says an Offertory sentence, the congregation may be seated.

If you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

Matthew 5:23, 24

Offertory Anthem

Elizabeth Poston (1905–87)

Jesus Christ the Apple Tree

1. The tree of life my soul hath seen,
Laden with fruit and always green;
The trees of nature fruitless be,
Compared with Christ the Apple Tree.

2. His beauty doth all things excel,
By faith I know but ne'er can tell
The glory which I now can see,
In Jesus Christ the Appletree.

3. For happiness I long have sought,
And pleasure dearly I have bought;
I missed of all but now I see
'Tis found in Christ the Appletree.

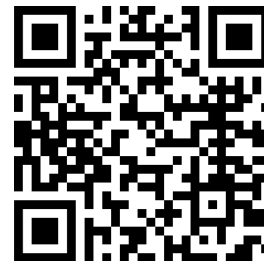
4. I'm weary with my former toil -
Here I will sit and rest awhile,
Under the shadow I will be,
Of Jesus Christ the Appletree.

5. This fruit doth make my soul to thrive,
It keeps my dying faith alive;
Which makes my soul in haste to be
With Jesus Christ the Appletree.

Whether you've joined us today from near or far, in person or online, please consider making a gift of thanksgiving to support the work of God at St. Matthew's. Be part of God's mission with us as we make our way into the new life God promises.

Visit www.stmatthewswilton.org/offering. Designate it as a gift or as part of your pledge.

No gift is too small. All gifts honor the God who honors us with life, breath, love, and salvation.



Please stand as you are able.

Doxology at the Presentation

THE OLD HUNDREDTH

**Praise God from whom all blessings flow,
Praise God all creatures here below,
Praise God above ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus – S 129

Sung by all

setting by Robert Powell (b. 1932)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem – S 163 *Sung by all* *setting by Robert Powell (b. 1932)*

Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

Celebrant The gifts of God for the People of God.

All are welcome to come forward, as directed by ushers, to receive communion or a blessing. Please wait for the Ushers and follow their instructions. When you reach the center of the space, please open your hands and lay them flat to receive the bread or cross your arms over your chest to receive a blessing. You may then choose to drink from the silver chalice to your left or intinct (dip the wafer in the wine) in the clay chalice to your right. If you do not wish to receive wine, simply pass the cup, and make your way back to your seat. We believe Jesus is fully present in both the bread and the wine, so if you receive the bread, you have participated fully in communion. Let the Priest know if you need a gluten free wafer by first extending your palms down. If you would like to have communion brought to your pew, please let an Usher know.

Communion Anthem

Healey Willan (1880-1968)

O sacred feast

O Sacred Feast, wherein Christ is received,
the memory of his Passion is renewed in us,
our souls are filled with grace,
and the pledge of everlasting glory is given to us.
Alleluia.

Please kneel or sit to sing.

Communion Hymn 339

SCHMÜCKE DICH

“Deck thyself, my soul, with gladness”

If you are joining us from home or have not received communion, you may offer this prayer to the Lord.

The Act of Reception

Saint Augustine's Prayer Book (2nd ed)

The Celebrant and the People say together

In union, Blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory.

I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace.

Come Lord Jesus, and dwell in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; conform my life and actions to the image of your holiness; and, in the power of your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.

The Postcommunion Prayer

Celebrant Let us pray.

People **Eternal God, heavenly Father,**
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Parish Announcements

The Blessing

Celebrant The Lord Jesus Christ, Son of the living God, teach you to walk in his way more trustfully, to accept his truth more faithfully, and to share his life more lovingly; that by the power of the Holy Spirit you may come as one family to the kingdom of God. And the blessing of our God who Creates, Redeems, and Sanctifies be with you this day and evermore. **Amen.**

Recessional Hymn 493

AZMON

“O for a thousand tongues to sing”

After the Celebrant offers the dismissal, the People respond

Thanks be to God.

Postlude

Worship Leaders

Celebrant & Preacher

The Rev. Marissa Rohrbach

Eucharistic Ministers

Beth Baker, Bill Brautigam

Lectors

Amy Gubner, Janet Nobles

Intercessor

John Pearson

Music Director

Andrew Leslie Cooper

Choir

St. Matthew's Church Choir

Altar Guild

Nancy Brautigam, Lorena Morales Aparicio, Joy Ruterma

Counters

Bill Brautigam, Chris Perry

Prayer Requests *Specific prayer requests will be kept on the prayer list for six weeks.*

Please call or email the office if you have additions or deletions to the prayer list. You are encouraged to offer your own prayers silently or aloud as indicated in the Prayers of the People.

Today and through the week, we remember all those who have been commended to our prayers. For those who are sick or in need: *Sabrina, Karen, Daniel, Kristen, Vinny, Antonio, Thomas, Diana, James, Carol, Susan, Lee, Arlene, Barbara, Mike, Jack, Chuck, David, Joan, Liz, Jack, Pat, Kathy, Dick, Scott, Martin, Ann, Melinda, Aaron, Dann and Presiding Bishop Michael Curry.* For those serving in the military, *Matthew Comeau.*

In the Diocesan Cycle of Prayer, we pray for Epiphany, Durham; St. Gabriel's, East Berlin; St. Stephen's, East Haddam; All Saint's, East Harford. Ministries to, with, and for the deaf.



The Arts AT ST. MATTHEW'S

An exciting choral celebration – Friday, February 2nd

The next concert in The Arts at St. Matthew's 2023–24 season is a tremendously exciting one. On Friday, February 2nd, over 100 young people will bring their voices to St. Matthew's and fill the church with sound. Westminster Choir, conducted by Dr. James Jordan, will travel from New Jersey to present an eclectic and heartfelt concert. Joining them will be choral students from Wilton High School and Bunnell High School (Stratford, CT).

Setting the standard for choral excellence since 1920, the Westminster Choir is composed of students at Westminster Choir College of Rider University. The ensemble's 2023–24 season includes a series of concerts in New Jersey, as well as additional off-campus performances.

Recent seasons have included concert tours in Beijing, China and Spain, as well as participation in the World Symposium on Choral Music in Barcelona and groundbreaking performances of Julia Wolfe's Pulitzer Prize winning Anthracite Fields at the historic Roebling WireWorks as part of Westminster's Transforming Space project.

For more information, a blog can be found on our website:
www.stmatthewswilton.org/blog/westminster-choir/

Tickets and subscriptions available at
www.stmatthewswilton.org/aasm-tickets



Confronting Hate Program:

Sunday, February 4th – 2:00 to 4:00 pm at the Wilton Y

There is a very special program coming up on Sunday, February 4th from 2:00 to 4:00 pm at the Wilton Y.

The program's subject is Confronting Hate and addresses that specifically in terms of racism, anti-Semitism, Islamophobia, and gender slurs. This is not some "other place" issue but sadly one present right here in our own community, and after the five speakers present (including hopefully Congressman Jim Himes who has indicated that he's planning to attend), the last hour or so will be devoted to an open mic with questions, comments, and personal stories offered by those in the audience who choose to speak. The program will conclude with a specific call to action asking each of us in attendance to fill out a card with contact information to be part of a positive and community-wide effort to address and confront these huge societal ills.

So this is quite a program and one of great significance for our community, and we strongly encourage you to attend.

~ The St. Matthew's members of Wi-Act's Steering Committee

Philadelphia Eleven Documentary



We have a wonderful opportunity at St. Matthew's coming up on April 28th. We will have a special screening of a documentary that was made about the Philadelphia Eleven, the first women to be ordained in the Episcopal Church. And we will be joined that day by one of the eleven, the Rev. Dr. Carter Heyward. You can read more about the film and watch the trailer in this week's Enews.

We continue to work out some of the details - but I'll have all of them to you soon. Plan on coming to church that morning and staying afterward for the screening and a conversation with Carter Heyward. Mark your calendars now so you don't miss it! Share this invitation with friends who might be interested. All are welcome. 21

Weekly Calendar – January 28 – February 4

Sunday, January 28

10:00am

10:15am

11:15am

11:30-1:00pm

The Fourth Sunday after the Epiphany:

Holy Eucharist – Rite 2 (In person & Livestream)

Church School

Coffee Hour

Confirmation Class

Monday, January 29

7:00-9:30pm

Education for Ministry (Zoom)

Tuesday, January 30

11:00am

Staff Meeting

Thursday, February 1

7:30-9:00pm

St. Matthew's Church Choir rehearsal

Friday, February 2

7:30pm

The Arts at St. Matthew's Concert

Sunday, February 4

10:00am

10:15am

11:15am

11:30am

The Fifth Sunday after the Epiphany

Holy Eucharist – Rite 2 (In person & Livestream)

Church School

Coffee Hour

St. Matthew's Annual Meeting

**Connection details available on our website, in the e-news,
and in our Parishioner Facebook group.**

Need to sign up for the e-news? It's easy – just go to www.stmatthewswilton.org/newsletter.

Need to join the Parishioner Facebook Group? Go here:

<https://www.facebook.com/groups/StMatthewsOnline/>

Need something else? Send Marissa a note or be in touch with another member of the staff.



Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



All 4 Screenings for \$149

Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.¹

Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.

Atrial Fibrillation :

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.²

We will be in your neighborhood soon February 17th

WEPCO Church Complex

48 New Canaan Rd
Wilton, CT 06897

Get your special Community Circle pricing!

Three ways to register and receive the special discount:

Call toll-free: 1-800-679-5191

Online: LLSA.SOCIAL/HC

Text: the word circle to 216-279-1607



Getting Screened is Simple!
Painless, non-invasive, keep your clothes on.



¹ <https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad>

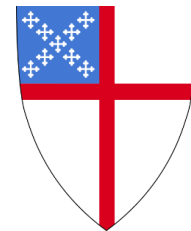
No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.

² <https://www.heart.org/en/health-topics/atrial-fibrillation>

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.

Worship Schedule at St. Matthew's

Holy Eucharist on Sundays at 10am



Please keep an eye on our website and social media as well as our e-news. There you'll find information and opportunities to connect for friends and members of all ages.

Staff

Rector	The Rev. Marissa S. Rohrbach, marissa@stmatthewswilton.org
Music Ministries & Organist	Andrew Leslie Cooper, andrew@stmatthewswilton.org
Parish Administrator	Nancy Johnson, office@stmatthewswilton.org
Director of WEPCO	Donna Savage, wepco@optonline.net
Bookkeeper	Louann Miska, louann.miska@gmail.com
Media Technician	Matthew Henshaw
Nursery Staff	Lucia Sato
Sextons	Alix Williams, Jairo Mejia

Wardens and Officers

Warden	Pam Ely	Clerk	Jennifer DeAngelis
Warden	Anne Newton	Asst. Treasurer	Brian Angerame
Treasurer	Rob Kyle		

The Vestry

Eleanor Arnold	Amy Gubner	Endy Perry
Beth Baker	Vytas Kisielius	Paul Reis
Pam Carlson		

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